



## February 2018 Newsletter

### Believe and Achieve

*To provide a fun, stimulating and excellent education which enables each child to achieve their full potential, academically, spiritually, emotionally and socially in a safe, Christian environment.*

Dear Parents, Children & Friends,

#### ST. MARY'S SUPPORT GROUP NEWS

The next meeting will take place on Wednesday 27<sup>th</sup> February at 7pm at the North Star - all welcome.

The next event for the Support Group is the school disco on the 8<sup>th</sup> February.

Winning numbers at the last 150 club draw: 56, 98, 81, 12, 30, 23. The next draw will be on Friday 2<sup>nd</sup> February.

#### ASSEMBLIES

Congratulations to Year 3 for an outstanding class assembly with some important messages about friendship and how we use the internet and social media sites. Pupils spoke clearly and sang beautifully. The whole assembly was thoroughly enjoyed by all pupils in school and the adults who joined us on that day - Well done everybody!

*Future assemblies to look forward to are:*

Friday 9<sup>th</sup> February at 9:10am Year 1 Class assembly

Friday 9<sup>th</sup> March at 9:10am Year 5 Class assembly

#### PARENTS EVENINGS

REMINDER please ensure you have booked your parents evening appointment using the new on line system  
The Parents Evenings are:

**Tuesday 6th February - 2:50 - 6:10 p.m**

**Wednesday 7th February - 2:50 - 6:10 p.m.**

#### E-SAFETY WEEK: 5<sup>th</sup> - 9<sup>th</sup> FEBRUARY

We are once again having an e-safety week in school to promote safe and responsible use of the internet and are celebrating Safer Internet Day on 6th February. This year the main focus is using social media. We will once again be completing activities with children in class and during an assembly to raise their awareness of how to stay safe when using the Internet.



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DEPUTY HEAD: Mrs J Hardman BSc (Hons), QTS, NPQH

Social media and other apps now allow us to live stream from anywhere in the world at any time. Therefore, helping us to keep in contact with family and friends no matter where we are. Some of our pupils enjoy broadcasting via live stream apps and we want to ensure they are safe whilst doing so.

We have attached a leaflet to this newsletter that advises parents and carers of the current live stream apps that are popular amongst our pupils. It informs parents and carers what they should be aware of with relation to each live stream app and how you can help to keep you child safe when using them. The leaflet offers useful advice and support for parents and carers around live steaming apps that your child may have access to on their phone.

The leaflet is also available on the school website under the learning section.

<https://www.stmaryscecrompton.oldham.sch.uk/wpcontent/uploads/2018/01/livestreamingebooklet.pdf>

There is further guidance, tips and letters on the school website that our Year 6 pupils have written regarding staying safe online. Please take a look at these pieces of writing and the messages our pupils are giving. Letters can be found at the e-safety section of the school website or by following this link:

<https://www.stmaryscecrompton.oldham.sch.uk/wp-content/uploads/2018/01/y6-letters.pdf>

In addition next week we will be sending home a copy of the latest digital parenting magazine for you to keep. This is FULL of fabulous advice and articles. Please take the time to look through the magazine.

### **CHILDREN'S MENTAL AND EMOTIONAL WELL BEING**

Children's Mental Health Week is also taking place during February. In recognition of this and to further raise the profile of the importance of pupils' emotional wellbeing we have arranged for Relax Kids to work alongside classes in school. Years 1-6 will each take part in a workshop during the next few weeks. Relax Kids is a unique method of introducing children to relaxation. It can help improve positive thinking, confidence and self-esteem and helps develop strategies that pupils can use to relax, manage stress and anxiety. The Relax Kids workshops include a 7 step system to teaching children to feel calm, focused and relaxed. The workshops can include movement, games, stretching and breathing exercises, positive affirmations and visualisations.

There are also free Relax Kids resources on the school website for parents to use at home.

<https://www.stmaryscecrompton.oldham.sch.uk/emotional-health-and-mental-wellbeing/>

### **SCHOOL WEBSITE**

Please log on to find current information about school. For latest updates and news you can also follow St Mary's School on twitter at: [www.twitter.com/stmarysce](https://www.twitter.com/stmarysce)

Website: [www.stmaryscecrompton.oldham.sch.uk](http://www.stmaryscecrompton.oldham.sch.uk)

Kind regards,

P.A Hartley

Headteacher