

# Worship 2 Go

## Drawing School and Home Together

Thanks to all those who have contributed their resources and made them available to share

# Courage

### Daily Prayer

Dear God, thank you that You promise to go before me and always be with me. I know that You will help me to be strong and courageous, even when I'm scared. Please help me to remember that and help me to have courage. *Amen*

### BIBLE VERSE

"I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go."

You can find this in the Bible in the book of Joshua Chapter 1 verse 9.

### Wondering

I wonder if you always find it easy to have courage

I wonder if you can think of a time when you were courageous

I wonder how it made you feel

### Creative Prayer 1: Walking with the Bible

Sometimes to do something courageous, we just need to take one step at a time. Use this activity to really think about the words in the Bible verse. Find a space and say each word out loud – take your time. For each word in white take a step and for each word in yellow shout it out loud and jump as high as you can.

"I hereby **command** you: Be **strong** and **courageous**; do not be **frightened** or **dismayed**, for the **Lord** your **God** is with you **wherever** you **go**."

At the end say this prayer:

**Dear God, Please help me to have courage in every situation because you are with wherever I go. Amen.**

### Creative Prayer 2: Heart Prayers

Cut a heart shape out of any piece of paper or card you have. If you want to do this as a family then you could make a big one out of an old cereal box. Write on it things you would like God to help you be courageous about.



### Activity 1: How's your French?

Did you know that our word courage comes from the French word for heart and that to say 'take heart' is another way of saying 'be courageous'? See if you can find out the French words for these animals. Maybe you know them already!



### Activity 2: Courage Categories

1. Pick a category for example colours or chocolate bars.
2. Think of something in that category that goes with each letter of the word 'courage'.
3. You can write them down or shout them out.
4. To turn it into a game with your family- 1 point if you think of something someone else has and 2 points if you think of something no one else has.
5. Whoever has the most points wins.

Here's an example: **Category: colours**

**C** *cerise*

**O** *orange*

**U** *unicorn* (would you give this any points?!)

**R** *red*

**A** *apple green*

**G** *gold*

**E** *ebony*

### Quote

"We were scared, but our fear was not as strong as our courage."

**Malala Yousafzai**

(If you are not sure who this person is, perhaps you could do a little research together)

### Thing of the week...

What would your superhero you created look like? What would their special ability be? Can you draw them or dress up like them? Photos on Twitter always welcome!

