

My Design Technology Booklet

Healthy Sandwiches



Name: _____

Date: _____

LC: Can I brainstorm my ideas?



Design Brief

You are going to design a new sandwich for the St Mary's kitchen.

Your design must:

- Be a healthy option
- Be a balanced diet
- Look appealing
- Taste fantastic!

You must be able to make your sandwich using the ingredients available and will be using the food preparation and skills you will be learning about.

Draw and label your first ideas here